

RWYC BASIC EMERGENCY PLAN

2019

- In the case of a medical emergency use your mobile, any club phone or the nearest payphone.
- Ensure safety and apply First Aid.
- Wait for the Emergency Services and guide to the relevant area on arrival
- Inform Emergency Services of incident and action taken.
- Once casualty is evacuated by emergency services fill in the accident report book situated in the office.
- Emergency Services are:

Lake Wardens- 01539442753

Ambulance- 999

Fire Service- 999

Commodore:

Clare Houlihan 07813825659

Training Officer:

Amanda Wilson 07908399637